**Barnet Forum for people using our services and their carers**

Barnet Mental Health services want to hear what **you** have to say about our Adult Mental Health services

We are looking to hold a regular forum and need you to get involved to share your ideas for how you want the forum to be set up and topics you would like to be included!

**What is a forum?** Forums are informal meetings where service- users, carers and staff work together to improve mental health services. The forum will give you an opportunity to feedback your experiences and ideas.

**How do I get involved?** Please click the following link which will invite you into the scheduled meeting: [Join Microsoft Teams Meeting](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_OTNmYTliZTYtMjgxOS00OTkyLTk0YWMtNGJkOTdjNDc0YzUw%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%22f29fc96c-f1ca-4391-bb48-830b90368468%22%7d) Please note Microsoft Teams is the video conference platform used by the Trust to host virtual meetings.

Please contact Helen Price via email: helen.price25@nhs.net if you need to request the MS Teams link or need additional support to attend the virtual Service User and Carer Forum.

**When is our first virtual forum taking place?**

**Date: Thursday 29 October 2020**

**Time: 1pm- 2pm**

**Venue: Microsoft Teams**